

40 Hour Devotion to the Sacred Heart of Jesus and the Immaculate Heart of Mary on the 1st Fri and 1st Sat



CHAPLET OF THE SACRED HEART

Introduction Prayer: Pray the Anima Christi prayer: Soul of Christ, sanctify me, Body of Christ, save me, Blood of Christ, inebriate me, Water from Christ's side, Wash me, Passion of Christ, Strengthen me, O good Jesus, hear me, Within Thy wounds hide me, Suffer me not to be separated from Thee, From the malicious enemy, defend me In the hour of my death, call me, And bid me come unto Thee, That I may praise Thee with Thy saints and with Thy Angels forever and ever. Amen.

Main Prayer Repeat for each of the 5 mysteries.

On the large beads, pray:

Jesus, meek and humble of heart, make my heart like unto Thine.

On the small beads, pray: Sweet Heart of Jesus, be Thou my love.

At the end of each mystery, pray: Sweet Heart of Mary, be my salvation

Concluding Prayer: Sacred Heart of Jesus, have mercy on us. Immaculate Heart of Mary, pray for us. May the Sacred Heart of Jesus be praised, glorified, loved, and preserved throughout the world now and forever more. Amen.

LITANY TO THE SACRED HEART OF JESUS

In 1899 Pope Leo XIII approved this Litany of the Sacred Heart of Jesus for public use with a total of 33 invocations, one for each year of life of our Lord Jesus Christ. A partial indulgence is attached to this litany.

V. Lord, have mercy on us.
R. Christ, have mercy on us.
V. Lord, have mercy on us. Christ, hear us.
R. Christ, graciously hear us.
V. God the Father of heaven, have mercy on us.
God the Son, Redeemer of the world, have mercy on us.
God the Holy Spirit, have mercy on us.
Holy Trinity, one God, have mercy on us.

Heart of Jesus, Son of the eternal Father, have mercy on us.

Heart of Jesus, formed by the Holy Spirit in the Virgin Mother's womb...

Heart of Jesus, substantially united to the Word of God...

Heart of Jesus, of infinite majesty...

Heart of Jesus, holy temple of God...

Heart of Jesus, tabernacle of the Most High,..

Heart of Jesus, house of God and gate of heaven,..

Heart of Jesus, glowing furnace of charity,..

Heart of Jesus, vessel of justice and love,..

Heart of Jesus, full of goodness and love,..



Heart of Jesus, abyss of all virtues,..

Heart of Jesus, most worthy of all praise,..

Heart of Jesus, King and center of all hearts,..

Heart of Jesus, in whom are all the treasures of wisdom and knowledge,..

Heart of Jesus, in whom dwells all the fullness of the Godhead,..

Heart of Jesus, in whom the Father was well pleased,..

Heart of Jesus, of whose fullness we have all received,..

Heart of Jesus, desire of the everlasting hills,..

Heart of Jesus, patient and rich in mercy,..

Heart of Jesus, rich to all who call upon you,..

Heart of Jesus, fount of life and holiness,..

Heart of Jesus, propitiation for our offenses,..

Heart of Jesus, overwhelmed with reproaches,..

Heart of Jesus, bruised for our iniquities,..

Heart of Jesus, obedient even unto death,..

Heart of Jesus, pierced with a lance,..

Heart of Jesus, source of all consolation,..

Heart of Jesus, our life and resurrection,..

Heart of Jesus, our peace and reconciliation,..

Heart of Jesus, victim for our sins,..

Heart of Jesus, salvation of those who hope in you,..

Heart of Jesus, hope of those who die in you,..

Heart of Jesus, delight of all saints,..

V. Lamb of God, who takest away the sins of the world,
R. Spare us, O Lord.
V. Lamb of God, who takest away the sins of the world,
R. Graciously hear us, O Lord.
V. Lamb of God, who takest away the sins of the world,
R. Have mercy on us.
V. Jesus, meek and humble of heart,
R. Make our hearts like unto thine.

Let us pray: Almighty and eternal God, look upon the heart of thy most beloved Son and upon the praises and satisfaction which he offers thee in the name of sinners; and to those who implore thy mercy, in thy great goodness, grant forgiveness in the name of the same Jesus Christ, thy Son, who livest and reignest with thee forever and ever. Amen.

CONSECRATION TO THE SACRED HEART: By St. Margaret Mary Alacoque

O Sacred Heart of Jesus, to Thee I consecrate and offer up my person and my life, my actions, trials, and sufferings, that my entire being may henceforth only be employed in loving, honoring and glorifying Thee. This is my irrevocable will, to belong entirely to Thee, and to do all for Thy love, renouncing with my whole heart all that can displease Thee.

I take Thee, O Sacred Heart, for the sole object of my love, the protection of my life, the pledge of my salvation, the remedy of my frailty and inconstancy, the reparation for all the defects of my life, and my secure refuge at the hour of my death. Be Thou, O Most Merciful Heart, my justification before God Thy Father, and screen me from His anger which I have so justly merited. I fear all from my own weakness and malice, but placing my entire confidence in Thee, O Heart of Love, I hope all from Thine infinite Goodness. Annihilate in me all that can displease or resist Thee. Imprint Thy pure love so deeply in my heart that I may never forget Thee or be separated from Thee.

I beseech Thee, through Thine infinite Goodness, grant that my name be engraved upon Thy Heart, for in this I place all my happiness and all my glory, to live and to die as one of Thy devoted servants. Amen.

THE 12 PROMISES of the Sacred Heart of Jesus to St. Margaret Mary Alacoque

1. I will give them all the graces necessary in their state of life.
2. I will establish peace in their homes.
3. I will comfort them in all their afflictions.
4. I will be their secure refuge during life, and above all, in death.
5. I will bestow abundant blessings upon all their undertakings.
6. Sinners will find in My Heart the source and infinite ocean of mercy.
7. Lukewarm souls shall become fervent.
8. Fervent souls shall quickly mount to high perfection.
9. I will bless every place in which an image of My Heart is exposed and honored.
10. I will give to priests the gift of touching the most hardened hearts.
11. Those who shall promote this devotion shall have their names written in My Heart.
12. I promise you in the excessive mercy of My Heart that My all powerful love will grant to all those who receive Holy Communion on the First Fridays in nine consecutive months the grace of final perseverance; they shall not die in My disgrace, nor without receiving their sacraments. My divine Heart shall be their safe refuge in this last moment.

MOST HOLY ROSARY TO THE BLESSED VIRGIN MARY

LITANY OF THE IMMACULATE HEART OF MARY

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Christ, hear us. *Christ, graciously hear us.*

God the Father of Heaven, *Have mercy on us.*

God the Son, Redeemer of the world, *Have mercy on us.*

God the Holy Ghost, *Have mercy on us.*

Holy Trinity, One God, *Have mercy on us.*

Heart of Mary, *Pray for us.*

Heart of Mary, like unto the Heart of God, *Pray for us.*

Heart of Mary, united to the Heart of Jesus, *Pray for us.*

Heart of Mary, instrument of the Holy Ghost, *Pray for us.*

Heart of Mary, sanctuary of the Divine Trinity, *Pray for us.*

Heart of Mary, tabernacle of God Incarnate, *Pray for us.*

Heart of Mary, immaculate from thy creation, *Pray for us.*

Heart of Mary, full of grace, *Pray for us.*

Heart of Mary, blessed among all hearts, *Pray for us.*

Heart of Mary, throne of glory, *Pray for us.*

Heart of Mary, most humble, *Pray for us.*

Heart of Mary, holocaust of Divine Love, *Pray for us.*

Heart of Mary, fastened to the Cross with Jesus Crucified, *Pray for us.*

Heart of Mary, comfort of the afflicted, *Pray for us.*

Heart of Mary, refuge of sinners, *Pray for us.*

Heart of Mary, hope of the agonizing, *Pray for us.*

Heart of Mary, seat of mercy, *Pray for us.*

Lamb of God, Who takest away the sins of the world,
Spare us, O Lord.

Lamb of God, Who takest away the sins of the world,
Graciously hear us, O Lord.

Lamb of God, Who takest away the sins of the world,
Have mercy on us.

V. Immaculate Mary, meek and humble of heart,

R. *Make our hearts like unto the Heart of Jesus.*

Let Us Pray:

O most merciful God, Who, for the salvation of sinners and the refuge of the miserable, wast pleased that the Most Pure Heart of Mary should be most like in charity and pity to the Divine Heart of Thy Son, Jesus Christ, grant that we, who commemorate this sweet and loving Heart, by the merits and intercession of the same Blessed Virgin, may merit to be found like unto the Heart of Jesus, through the same Christ Our Lord.

R. *Amen.*

This litany was composed by John Henry (Cardinal) Newman shortly after he converted to Catholicism in 1845. Let us pray this with reverence and recall the many blessings that have flowed through Mary from Jesus to us.



ACT OF CONSECRATION: Total Consecration to Jesus through Mary by St. Louis de Montfort

O ETERNAL and incarnate Wisdom! O sweetest and most adorable Jesus! True God and true man, only Son of the Eternal Father, and of Mary, always virgin! I adore Thee profoundly in the bosom and splendors of Thy Father during eternity; and I adore Thee also in the virginal bosom of Mary, Thy most worthy Mother, in the time of Thine incarnation.

I give Thee thanks for that Thou hast annihilated Thyself, taking the form of a slave in order to rescue me from the cruel slavery of the devil. I praise and glorify Thee for that Thou hast been pleased to submit Thyself to Mary, Thy holy Mother, in all things, in order to make me Thy faithful slave through her.

But, alas! Ungrateful and faithless as I have been, I have not kept the promises which I made so solemnly to Thee in my Baptism; I have not fulfilled my obligations; I do not deserve to be called Thy child, nor yet Thy slave; and as there is nothing in me which does not merit Thine anger and Thy repulse, I dare not come by myself before Thy most holy and august Majesty.

It is on this account that I have recourse to the intercession of Thy most holy Mother, whom Thou hast given me for a mediatrix with Thee. It is through her that I hope to obtain of Thee contrition, the pardon of my sins, and the acquisition and preservation of wisdom.

Hail, then, O immaculate Mary, living tabernacle of the Divinity, where the Eternal Wisdom willed to be hidden and to be adored by angels and by men! Hail, O Queen of Heaven and earth, to whose empire everything is subject which is under God. Hail, O sure refuge of sinners, whose mercy fails no one. Hear the desires which I have of the Divine Wisdom; and for that end receive the vows and offerings which in my lowliness I present to thee.

I, _____, a faithless sinner, renew and ratify today in thy hands the vows of my Baptism; I renounce forever Satan, his pomps and works; and I give myself entirely to Jesus Christ, the Incarnate Wisdom, to carry my cross after Him all the days of my life, and to be more faithful to Him than I have ever been before.

In the presence of all the heavenly court I choose thee this day for my Mother and Mistress. I deliver and consecrate to thee, as thy slave, my body and soul, my goods, both interior and exterior, and even the value of all my good actions, past, present and future; leaving to thee the entire and full right of disposing of me, and all that belongs to me, without exception, according to thy good pleasure, for the greater glory of God in time and in eternity.

Receive, O benignant Virgin, this little offering of my slavery, in honor of, and in union with, that subjection which the Eternal Wisdom deigned to have to thy maternity; in homage to the power which both of you have over this poor sinner, and in thanksgiving for the privileges with which the Holy Trinity has favored thee. I declare that I wish henceforth, as thy true slave, to seek thy honor and to obey thee in all things.

O admirable Mother, present me to thy dear Son as His eternal slave, so that as He has redeemed me by thee, by thee He may receive me! O Mother of mercy, grant me the grace to obtain the true Wisdom of God; and for that end receive me among those whom thou lovest and teachest, whom thou leadest, nourishest and protectest as thy children and thy slaves.

O faithful Virgin, make me in all things so perfect a disciple, imitator and slave of the Incarnate Wisdom, Jesus Christ thy Son, that I may attain, by thine intercession and by thine example, to the fullness of His age on earth and of His glory in Heaven. Amen.



AG AR

MOTHER OF GOD



ST. MICHAEL THE ARCHANGEL